



**U.S. Budokai Karate of Clifton Park**  
**215 Guideboard Road, Clifton Park, New York 12065**  
**(518) 383-0484**  
[www.usbka-cp.com](http://www.usbka-cp.com)

Subject: Join Us for a Special Star Wars Day Traditional Tournament for Charity!  
May the 4<sup>th</sup> for Floyd Warriors!!

Dear Martial Arts School Owner!

I hope this email finds you well. I am reaching out to you on behalf of our organization with an exciting opportunity that we would love for you to be a part of.

On Saturday, May 4th, in celebration of Star Wars Day, we are hosting a traditional karate tournament for charity. This event is not only a chance for martial artists to showcase their skills, but also an opportunity for us to come together as a community to support a wonderful cause.

We are partnering with [Floyd Warriors](#), a locally based organization dedicated to helping families facing cancer crises by providing assistance with chores, meals and the basics of everyday life. By participating in our tournament, you will not only be supporting this important cause, but also fostering a sense of unity and camaraderie within our martial arts community.

I am reaching out to invite your dojo to join us for this special event. We would be honored to have your students and instructors participate in the tournament. Additionally, we kindly request your assistance in spreading the word about the event by posting the attached flyer and documents at your school.

Your participation and support would mean a great deal to us and to the families that Floyd Warriors serves. We truly believe that together, we can make a meaningful difference in the lives of those in need.

Thank you for considering our invitation. We look forward to the possibility of partnering with you for this worthy cause. If you have any questions or would like further information, please do not hesitate to reach out.

***IGNITE YOUR INNER JEDI AND JOIN US!***

With gratitude and warm regards,  
US Budokai Karate



**Unleash your inner Jedi for Floyd Warriors!**

## **A Traditional Karate Tournament for Charity**

**Saturday May 4th 2024 \* Star Wars Day**

US Budokai Karate 215 Guideboard Rd., Ste 5, Clifton Park, NY

Time: Doors Open at 9:00 AM

Events: Kata (Forms), Kobudo (Weapons), Kumite (Sparring)

Medals for top 3 in all divisions & Trophies Awarded for  
Division Champions!! Recognition awards for all.

\$50 for 1 event, +\$15 for each additional event

Spectators - suggested donation \$5

**deadline for registration is Saturday 4/27**

For more information contact:

budokaioffice@gmail.com or call (518)383-0484

*[Floydwarriors.com](http://Floydwarriors.com) was created to offer a support system- an Army of Help - to go into the lives of patients battling cancer, so they may have help with the basic needs in life to recover and live to pursue their God given dreams and talents. Floyd Warriors serves Saratoga County, NY.*

**May the kicks be with you!!**





## Traditional Karate Tournament May 4, 2024

Kata, Kumite, Kobudo

## Competitor Registration Form Due April 27, 2024

Competitor Name	
Rank – Beginner, Intermediate, Advanced, Black Belt	
Age	
Email address	
Home Address	
Phone Number	
Male or Female	
Martial Arts School	

1 Event	\$50	Kata	
2 Events	\$65	Weapons	
3 Events	\$80	Sparring	
Total			

Please make you check payable to US Budokai Karate and mail

to: 215 Guideboard Rd, Suite 5

Clifton Park, NY 12065

Beginner	Less than 2 years of training
Intermediate	2 to 3 years of training
Advanced	More than 3 years of training
Black Belt	Black belt in any martial arts style



I hereby make an application for participation in the US Budokai Traditional Karate Tournament, and upon acceptance, I sincerely pledge to obey all rules and regulations as set forth within the event and its organizers. I clearly recognize that a risk is involved in the study and practice of this martial art, and related activities, which has been completely explained to and/or understood by me and/or my parents and/or guardians.

In consideration of accepting my application for entry into this event, I do hereby for myself, my heirs, executors, administrators, parents and guardians release, acquit and forever discharge US Budokai Karate, Susan Warzek, Michael Favreau, their instructors, members, volunteers, participants, agents, assistants, representatives, officers, and directors of this event, of and from any and all liability, actions, claims, demands, or suits whatsoever, which I may now or hereafter have or claim to have, on account of any injury sustained and suffered by me while traveling to or from or while practicing the techniques any related activities in connection with this event, and (if applicable) the parents and/or guardians of the applicant hereby request that this application be accepted, and in consideration thereof, agree to indemnify and release all members of US Budokai Karate, Susan Warzek, Michael Favreau, their instructors, members, volunteers, participants, agents, assistants, representatives, officers, and directors from all claims made or which may be made on behalf of the applicant, for the aforesaid consideration I consent that any pictures furnished by me or any pictures and/or video taken of me in connection with the organization can be used for publicity and promotion and I waive compensation in regards thereto. I clearly understand that this activity involves bodily contact, physical exertion, and exercise. I hereby accept that my participation in this event is contingent upon my good conduct and that should the proprietors of this activity determine my actions, behavior and/or attitude inappropriate in any way that my right to participate in this activity will be revoked and I shall sacrifice all fees paid. Additionally, I am fully aware of my personal medical condition and hereby certify that I am mentally and physically fit to participate in this activity.

I also affirm that I am not affiliated with any defined terrorist or extremist hate groups as recognized by the laws of the United States of America or any organization with secondary affiliation with such organizations, nor am I the subject of any criminal investigation, charges, or related activity of any type.

Name\_\_\_\_\_ Date\_\_\_\_\_

Signature (parent if under 18)\_\_\_\_\_

# Rules

## Point Sparring

GENERAL: 2 minutes time limit, fight ends when 1 competitor earns 5 points or after 2 minutes, whichever comes first. One point is awarded for a clean technique, punch or a kick. Ties = sudden victory, next point wins. No official coaching during the match, no parents, team members in the ring. No ground fighting or blind techniques. No point if you fall to the ground during or after scoring a point.

MANDATORY SAFETY EQUIPMENT: All competitors are required to wear foam dipped head gear, hand gear, foot gear, mouth guard, groin protector (males). All jewelry must be removed. Soft shin guards,

Rib/Chest Guards and Face Shields are allowed.

LEGAL TARGET AREAS: Students may strike their opponent's: chest, rib cage, back, abdominal area & protected areas of the head. Illegal target areas include groin, throat, and face.

CONTACT: Beginner and Intermediate - Light to Medium contact, no sweeping.

Advanced and Black Belt - Light to Medium contact, controlled sweeps are allowed.

Heavy Contact-contact that is excessive will result in a warning, penalty point, or immediate disqualification if in the judges opinion there was no consideration of the contact rules.

WARNINGS AND PENALTY POINTS: ONE verbal warning will be given to a fighter for committing a foul; Subsequent fouls of any type will result in a penalty point given to the opponent. Judges may disqualify a fighter after ANY display of blatant disregard for the rules, of any type.

FOULS: • Groin strikes, including unintentional kicking too low, running out of the ring, excessive contact, disrespect or unsportsmanlike conduct to the judges or opponent, not fighting. The Head Judge has the right to disqualify a competitor at his or her discretion.

## Kata

Must be performed adhering to traditional principles, demonstrating realistic techniques. It will be judged on stance, power, concentration, speed, and balance. Competitors must wear a traditional karate gi.

## Kobudo

Must be performed adhering to traditional principles, demonstrating realistic techniques. It will be judged on stance, power, concentration, speed, and balance. Competitors must wear a traditional karate gi.

Weapons allowed are:

Bo, eku, tonfa, or nunchaku – made from hardwood.

Kama or sai – made from steel and not sharpened. Kama may have hard wood or steel blades.